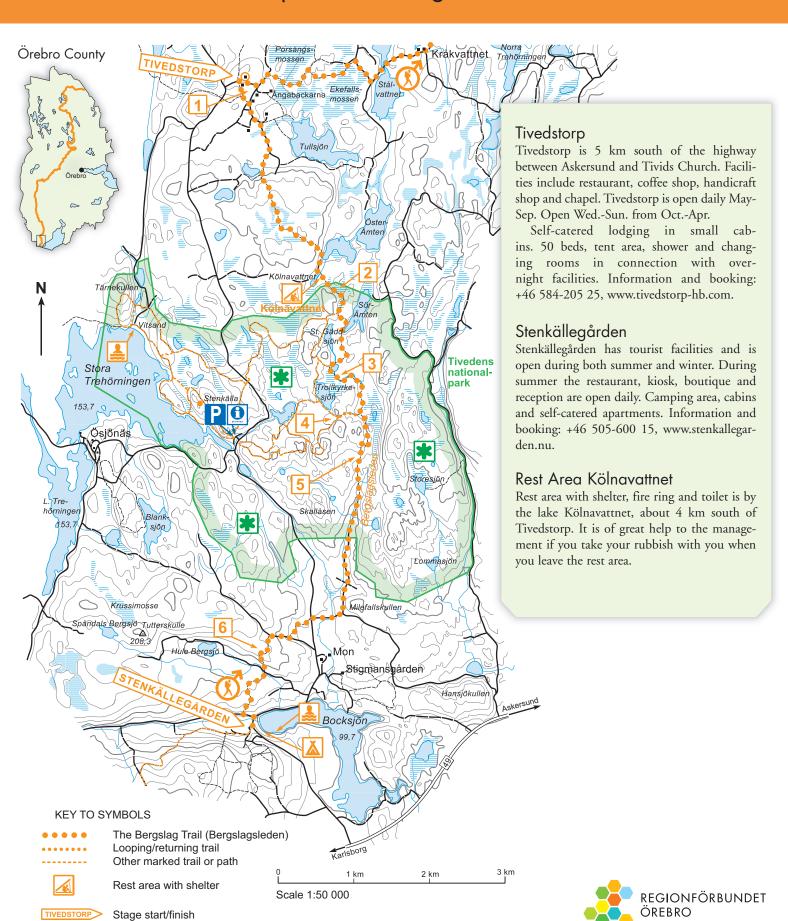
National park

Bergslagsleden

STAGE

Tivedstorp – Stenkällegården 12 km



What to See Along the Way

1. Byn Tivedstorp

Tivedstorp is one of the many typical Finnish-settled agricultural villages in Tiveden. The village dates back to the 1600s, when immigrating Finns first broke ground here. Typical for such a village is that the small growing fields lay in the frost-free regions high upon the slopes.

In the 1950s, then bishop Sven Danell took the initiative to save the village and its small timber houses.

2. Kölnabuken

South of Väster-Ämten is the forest lake Kölnabuken. The trail passes through terrain that is typical of the inner parts of Tiveden. The small lake, the bog and the steep, smooth flat rock are characteristic of what gives the area its wilderness character.

The bare mountain is caused by inland ice that swept loose terrain from higher areas. The lichen on the rocks is very sensitive to wear, which is why it is important that you keep to the trail. It can take more than 20 years before the damaged lichen repairs itself.

3. Horse trail at Andsjön Lake

South of Andsjön the trail uses an old horse trail once used for the transport of timber and coal. Where the trail goes over bog, round lumber was laid for a so-called "rolling pin bridge." This was done so that load-bearing paths existed during the summer and the winter. It shows the importance of horse travel back then.

4. Trollkyrka (Troll church)

A kilometer south of Andsjön is a 500 m dead-end path up to Trollkyrkobergen. Here, one is in the middle of the most untouched areas of Tiveden. Trollkyrkoberget was used as a meeting place for one of the Free Church movements of the 1800s. The Swedish Church banned the movement and members were forced to have secret meetings.

Facts about the Bergslag Trail (Bergslagsleden)

The Bergslag Trail is a 280 km hiking trail passing through the entire county of Örebro. It is divided into 17 stages. The agency responsible for the trail is Regionförbundet Örebro. The Bergslag Trail is identified by orange markings on trees or on posts. At road crossings or when the trail branches, directional arrows with the Bergslag Trail symbol appear. The Bergslag Trail forms part of European walking route E1, which extends from southern Italy to the Swedish mountains. (www.stfturist.se)

The area is unaffected by the timber industry, but wear from visitors has affected the lichen in some areas. To get a great view of Tiveden, one can climb up the mountain Stora Trollkyrka, which is immediately north of the place where the path meets a looping trail through the reserve.

5. Tiveden National Park

The Bergslag Trail takes a long stretch through the mountainous, difficult area of primeval forest called central Tiveden or "Görtiveden" and today is a national park. Trollkyrka is just a small part of this large wilderness area.

Those who simply follow the trail will enjoy most of what the area south of the dead-end path to Trollkyrka has to offer. Typical features are the lichen-covered rocky areas with sparse pines, the luxuriant valleys with spruce forests, as well as the small peat and pine bogs. Remember that lichen is sensitive to wear so please keep to the designated trail. It is not allowed to pitch tents or start fires in national parks.

A manned information center is found during the summer at Östgötaviken in Stora Trehörningen. Information: www.t.lst.se.

6. Viewpoint at Hule Bergsjö

1 km north of the goal at Stenkällegården is a 100 m dead-end path that leads up to a lookout mountain. From here, one has a wide view towards the south and east over the part of Tiveden that is closest to Vättern. In the distance one can see Vättern and in clear weather one sees all the way to Östergötland.



Stenkällegården.

Important to know

- Make fires only where designated fire rings/circles are present.
- Make sure that your fire is completely out before you continue hiking.
- Refrain from starting fires during the dry periods of summer when risk of forest fire is high.
- Do not break off limbs or branches from living trees.
- You may pitch tents along the trail, but preferably near the rest areas and not more that one night in the same place.
- Do not stray from the trail when near built-up areas, cultivated fields or planted forests.
- Do not litter.
- If hiking with a dog, be aware that you must always have the dog on a lead/leash in the forests/fields during the period from March 1 August 20.
- So as to avoid conflicting with moose hunting season, you shouldn't use the trail during the most intensive hunting period - the second week in October and several weeks forward.

Bus Connections

No bus service to Tivedstorp. The nearest bus stop is Olshammar, which has connections to Askersund. The nearest bus stop to Stenkällegården is Bocksjö, reached by express bus, Skövde-Stockholm. Bus schedule information: +46 771-22 40 00, www.lanstrafiken.se, www.skovdebuss.se.

Suggested Reading (Swedish)

Esbjörnsson, Estrid, Värt att se i Örebro Län; Lindstén, Carl Anders, Sevärt i Tiveden; Lidman, Hans, Munkakliv, Hellström, Lena, Utsikt från Bergslagsleden.

Contact Information

Laxå Tourism Office, +46 584-109 20, www.laxa.se. Askersunds Tourism Office, +46 583-810 88, www.askersund.se. Örebro County Regional Development Council, +46 (0)19-602 63 00, www.regionorebro.se.

Home page for outdoor life

At www.regionorebro.se you can find a collection of information on nature and outdoor life in the Örebro region. It contains current information on places to stay along the Bergslag Trail. You can download pages on trail stages and get suggestions for other activities. The home page also has information on fishing opportunities, canoe rentals and links to activity organisers.